



## Essential Prepper Economy Checklist

### THE BARTERING SUPPLIES LIST

Gold, Silver and platinum coins and small bars. <i>*Larger pieces are hard to exchange or work with.</i>	Water and water purification supplies	
Food Staples (salt, sugar, flour, baking soda, rice and beans)	medications (Antibiotics and anti-inflammatory meds.)	
Candy and sweets of any kind	Rechargeable batteries	
Personal Hygiene Items such as toothpaste, toothbrushes, dental floss, soaps, shampoo... You get the idea.	Solar chargers, panels and supplies	
1 <sup>st</sup> Aid Supplies and herbal remedies	Matches or lighters Fire making supplies such as matches, lighters and fire strikers.	
Flashlights, candles, lanterns, etc. Fuel any and all kinds (gas, diesel, propane, kerosene)	Tools. Both survival and construction tool of all kinds.	

Crop Seeds of any kind		Rope, cordage and duct tape of all kinds	
loose leaf Tobacco, cigarettes		Beer/Liquor (commercial or homemade)	
Entertainment (playing cards, books, boardgames)			
<u>Your</u> Valuable skills such as medical, construction, gardening, etc...			

**TIP:**

There are an endless supply of online resources to help you acquire the necessary bartering skills. Start slow but start now.

**NOTE:**

As you begin bartering, like any other set of skills, you need to practice to stay sharp. Begin honing your bartering skills now. However, Keep one very important thing in mind. In a barter, your word is everything. If you don't follow through on what you agree to it could make future barterers extremely difficult – as word travels fast.

Also, depending on the barter and the person you made the deal with, if not followed through, could potentially put you and your family in a dangerous situation!