



Essential Prepper Economy Checklist

Financial security during and after a disaster resides just beyond sustainable survival on anyone's list of concerns. Once you're confident you and your family have [stocked enough supplies and resources](#) to survive for a time on your own, the next issue to address is how to plan for when community, or society as a whole, begins to repair itself.

How will you fit into and work within the new economy?

Many suggest precious metals (gold, silver, platinum) as basis for financial security. This is good advice for when society stabilizes itself again. In the meantime, your neighbors and your community will be looking for the basics to rebuild their lives. Remember, you cannot eat gold. After a disaster, regional or widespread, the inner workings of the economy will, temporarily, come to depend on a bartering system where people trade supplies and skills for those things they need but are unable to provide on their own. You and your family should prepare for the changing needs and priorities of a community and a society on the rebound.

There's lots of different opinions as to what items will be best for preppers to barter after a societal collapse, where a bartering economy may be the only viable one left for the trading of goods and services. With that said, consider this list as a starting point as you begin to prepare for and acquire goods for bartering.

THE BARTERING SUPPLIES LIST

Gold, Silver and platinum coins and small bars. <i>*Larger pieces are hard to exchange or work with.</i>	Water and water purification supplies	
Food Staples (salt, sugar, flour, baking soda, rice and beans)	Prescription and over the counter medications (Antibiotics and anti-inflammatory meds.)	
Candy and sweets of any kind	Rechargeable batteries	
Personal Hygiene Items such as toothpaste, toothbrushes, dental floss, soaps, shampoo... You get the idea.	Solar chargers, panels and supplies	
1 st Aid Supplies and herbal remedies	Matches or lighters Fire making supplies such as matches, lighters and fire strikers.	
Flashlights, candles, lanterns, etc. Fuel any and all kinds (gas, diesel, propane, kerosene)	Tools. Both survival and construction tool of all kinds.	

Crop Seeds of any kind		Rope, cordage and duct tape of all kinds	
loose leaf Tobacco, cigarettes		Beer/Liquor (commercial or homemade)	
Entertainment (playing cards, books, boardgames)			
<u>Your</u> Valuable skills such as medical, construction, gardening, etc...			

TIP:

There are an endless supply of online resources to help you acquire the necessary bartering skills. Start slow but start now.

NOTE:

As you begin bartering, like any other set of skills, you need to practice to stay sharp. Begin honing your bartering skills now. However, Keep one very important thing in mind. In a barter, your word is everything. If you don't follow through on what you agree to it could make future barterers extremely difficult – as word travels fast.

Also, depending on the barter and the person you made the deal with, if not followed through, could potentially put you and your family in a dangerous situation!